

# **KATANA<sup>®</sup> Zirconia**

## MULTI-LAYERED ZIRCONIA DISC SERIES

### TECHNICAL GUIDE



# KATANA™ ZIRCONIA

HIGH AESTHETIC POTENTIAL FOR ZIRCONIA  
DENTAL RESTORATIONS\*

SIMILAR TO NATURAL TOOTH ENAMEL AND  
HIGH MECHANICAL PROPERTY MULTI-LAYERED  
ZIRCONIA.

Ultra translucent Multi-Layered UTML and Super translucent Multi-Layered STML, ideal for efficient aesthetic anterior teeth restorations. High translucent and flexural strength Multi-Layered HTML, suitable for long-span bridges. This technical guide will explain the important points to help you achieve successful restorations using KATANA™ Zirconia.



\*Compared to our conventional products



(Image of gradation)

#### 4 LAYER STRUCTURE

- Enamel Layer (35%)
- Transition Layer 1 (15%)
- Transition Layer 2 (15%)
- Body (Dentin) Layer 2 (35%)

( ) represents the thickness of each layer in the disc

## RESTORATION PROCESS



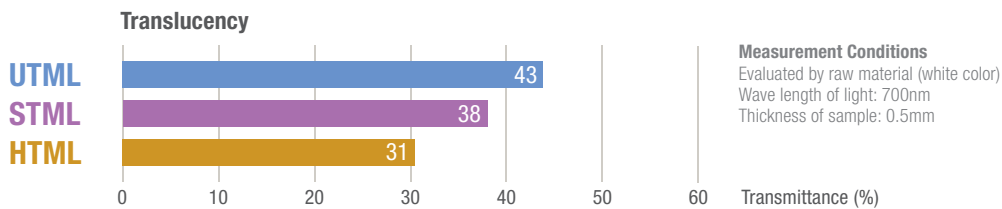
# 1 SERIES SELECTION

Each series has different translucency and mechanical properties. By choosing the right series, you can successfully restore a variety of cases: from aesthetic anterior restorations to long-span bridges in posterior regions up to full arch restorations.

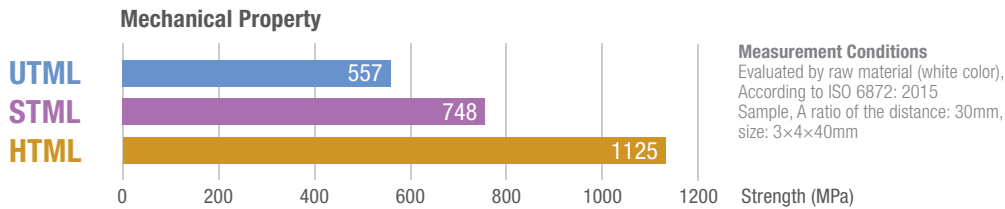
**UTML** Ultra Translucent Multi-Layered. Ideal for anterior crowns and veneers, inlays/onlays and posterior single crowns. It offers highest translucency values in zirconia market and is comparable to glass ceramics from this point of view.

**STML** Super Translucent Multi-Layered. Ideal for up to 3 units posterior bridges with a well balanced combination of chromatic and gradational translucency, which reproduces aesthetic enamel and dentin effects.

**HTML** High Translucent Multi-Layered. Suitable for anterior and/or posterior monolithic restorations that need high strengths and where the effect of the abutment color needs to be suppressed to a minimum. It can also be used for single crown restorations and for long-span bridges. Furthermore, it is an excellent framework material when used in combination with CerabienZR porcelain.



Date source: Kuraray Noritake Dental Inc. The numerical value varies depending on the conditions.



Date source: Kuraray Noritake Dental Inc. The numerical value varies depending on the conditions.

## RECOMMENDATIONS FOR EACH SERIES

### Recommended indications and applications



Laminate veneer    Inlay/Onlay    Anterior Crown    Posterior Crown    3 Unit Bridge    Long-span Bridge



\* KATANA™ Zirconia HTML is recommended both for monolithic long-span restorations, e.g. in combination with FC Paste Stain, and for frameworks overlaid with layered porcelain.

## 2 SHADE SELECTION

### UTML SHADES

There are two different shade groups: "Standard Shades" and "Enamel Shades". Enamel Shades have reduced chroma in the upper layer (1) which allows you to enhance the translucent appearance of the incisal area, as desired, by utilizing external stain characterization.

<p><b>Standard shade (A1~D4)</b></p> <p><b>Translucency</b> High translucency through all the disc layers.</p> <p><b>Color</b> Color of Shade Guide*</p>		<p><b>Enamel shade (ENW, EA1, EA2, &amp; EA3)</b></p> <p><b>Translucency</b> High translucency through all the disc layers.</p> <p><b>Color</b> Reduced chroma from incisal to transition layer (① part).</p>
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\*VITA Classical Shade Guide

Color and translucency of the layers after sintering (image of gradation)

### STML SHADES

A well-balanced combination of chromatic and gradational translucency reproduces aesthetic enamel and dentin effects.

<p><b>Standard shade (NW, A1~A3.5)</b></p> <p><b>Translucency</b> Translucency is gradually decreased from the incisal to the cervical region to increase the masking level in the cervical region.</p> <p><b>Color</b> Color of Shade Guide*</p>	
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\*NW: NORITAKE Shade Guide A1~A3.5: VITA Classical Shade Guide

Color and translucency of the layers after sintering (image of gradation)

### HTML SHADES

The masking ability of the HTML is well-balanced, due to its good level of translucency with gradation of the color.

<p><b>Standard shade (NW, A1~A3.5)</b></p> <p><b>Translucency</b> Translucency is gradually decreased from the incisal to the cervical region to increase the masking level in the cervical region.</p> <p><b>Color</b> Color of shade guide*</p>	
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\*NW: NORITAKE Shade Guide A1~A3.5: VITA Classical Shade Guide

Color and translucency of the layers after sintering (image of gradation)

## 2 SHADE SELECTION

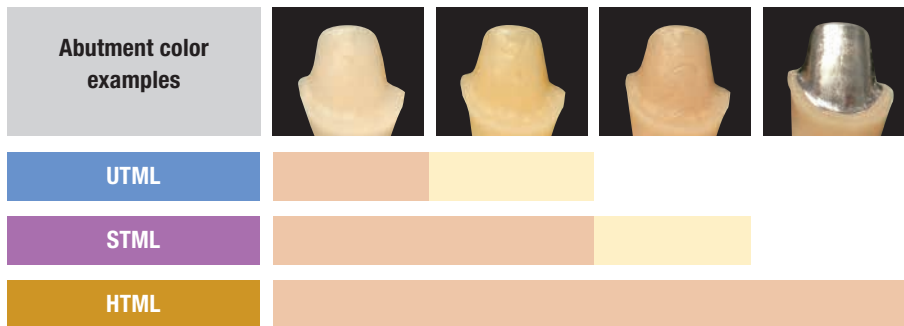
### SHADE SELECTION

<b>UTML</b>	<b>Standard Shades</b>	A1 C1	A2 C2	A3 C3	A3,5 C4	A4 D2	B1 D3	B2 D4	B3	B4
	<b>Enamel Shades</b>	ENW*	EA1	EA2	EA3					
<b>STML</b>	<b>Standard Shades</b>	NW* C1	A1 C2	A2 C3	A3 D2	A3,5 D3	A4	B1	B2	B3
<b>HTML</b>	<b>Standard Shades</b>	NW* C1	A1 C2	A2 C3	A3 D2	A3,5 D3	A4	B1	B2	B3

\*NW: NORITAKE Shade Guide Others : VITA Classical Shade Guide

### RECOMMENDATIONS FOR SHADE SELECTION

1. Range of abutment color varies by translucency of the series.



- Select the shade number that corresponds to the target color.
- Select a shade number brighter than the target color (with external staining).

2. Zirconia with a high refractive index tends to look brighter on the posterior area. For posterior restorations using UTML or STML, choose darker than the target shade to achieve a natural look with surrounding teeth.

3. Even when the same shade color is used, the glazing and polishing finish will result in different color outcomes.

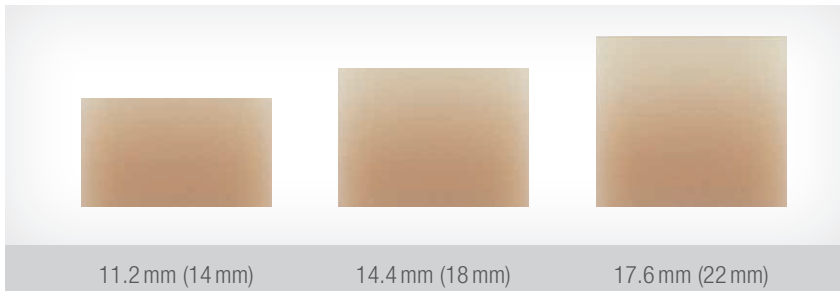
For all series which are set for glazing, select the target shade color. When polishing it tends to become darker and therefore a lighter shade than the target shade color should be selected.

# 3

## DISC THICKNESS SELECTION

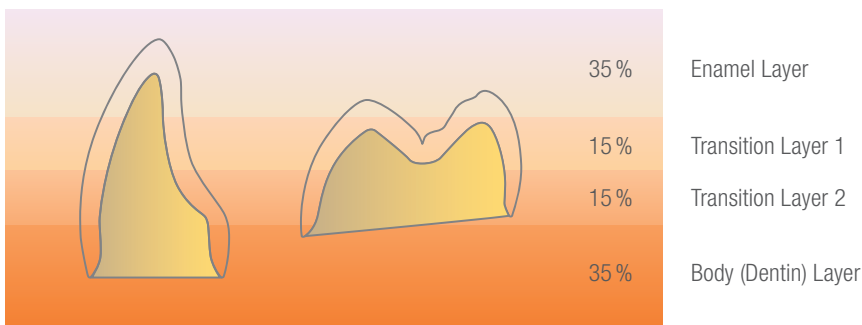
### THICKNESS AFTER SINTERING (BEFORE SINTERING)

Multi-Layered UTML, STML and HTML discs are available in three thicknesses: 14, 18 and 22 mm. During sintering, the material shrinks by approximately 20%. Therefore, select the right disc thickness to achieve the appropriate gradation between the crown length the enamel to the body (dentin).



Actual size

Example: Fabricating an anterior crown with 11mm length, use an 18mm disc (14.4mm after sintering) including the enamel layer to the body (dentin) layer. For the 7mm posterior crown fabrication, a 14mm disc (11.2mm after sintering) is recommended between enamel and body (dentin) layers.



(Image of gradation)



# 4

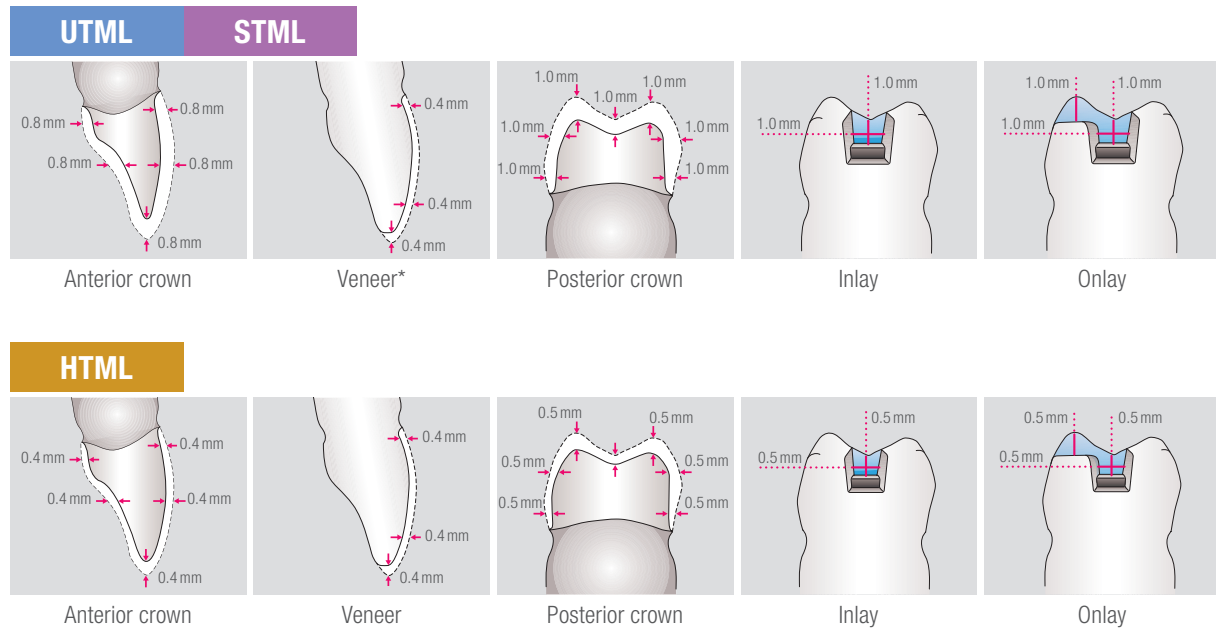
## FRAMEWORK DESIGN AND MILLING PROCESS

### ANTERIOR CROWN, VENEER, POSTERIOR CROWN, INLAY, ONLAY

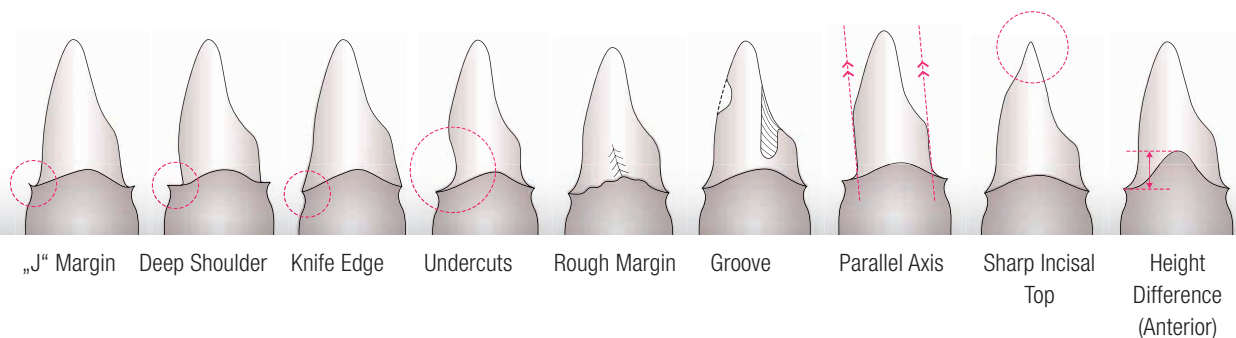
**It is crucial to keep a minimum wall thickness\* for a successful restoration, and keep in mind:**

\*Not including the thickness of build-up porcelain

#### Minimum Wall Thickness of Zirconia



#### Contraindications



### BRIDGE / CONNECTOR CROSS SECTION

UTML, STML and HTML are products that offer consistent strength. You can design your restorations easily, safely and be confident that connectors will not lose their strength.

#### Follow the formula of applicable wall thickness.

- 1 Do not make a sharp cut to adjust connector cross section by using a diamond disc as the disc creates sharp notches that may lead to cracks and imminent bridge failure.
- 2 UTML and STML are not suitable for a cantilevered pontic bridge.
- 3 HTML are limited to 2 pontics within a bridge. When 2 pontics connect, the cross section should be 12mm<sup>2</sup> or more. The cantilevered pontic is limited to 1 and cross section should be 12mm<sup>2</sup> or more.

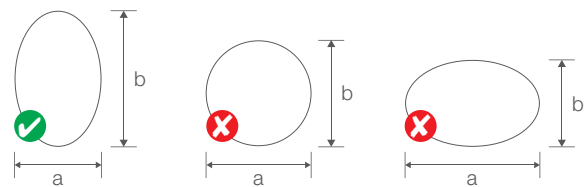


### Minimum Connector Cross Section

	UTML	STML	HTML
Anterior 2-3 units	12 mm <sup>2</sup> or more	12 mm <sup>2</sup> or more	7 mm <sup>2</sup> or more
Anterior 4 units or more	(not recommended)		9 mm <sup>2</sup> or more
Posterior 2-3 units	16 mm <sup>2</sup> or more (Premolar only)	16 mm <sup>2</sup> or more	9 mm <sup>2</sup> or more
Posterior 4 units or more	(not recommended)		9 mm <sup>2</sup> or more

### THE IMPORTANCE OF CONNECTOR SHAPE AND SIZE

To ensure a long lasting, reliable and strong bridge prosthetic it is essential to have the correct shape and size of connector. The highest force applied to a connector is vertically, from top to bottom. The following diagram shows the best and safest shape to design in order to avoid fractures or chipping. Strength is in the high.



## 5

### SINTERING AND ADJUSTING

**Follow the sintering schedule. After sintering adjust inside of the framework and margin.**

- 1 Be sure that material is fully cooled to avoid cracking.
- 2 UTML and STML flexural strength are not as strong as HTML, therefore need special attention such as not using excess force or work under running water for inside and/or margin adjustment.
- 3 Use "Crack Finder" after adjustment to make sure no cracking occurred.

#### Sintering Program Setting 1: General Sintering

	UTML	STML	HTML
High Temperature	1550 °C / 2822 °F		1500 °C / 2732 °F
Hold Time	2 hours		2 hours
Rate of Temperature Increase	10 °C / 18 °F minute		10 °C / 18 °F minute
Rate of Temperature Decrease	-10 °C / -18 °F minute		-10 °C / -18 °F minute

#### Sintering Program Setting 2: Fast Sintering\*

	UTML	STML	HTML
High Temperature	1560 °C / 2840 °F		1515 °C / 2759 °F
Hold Time	30 minutes		30 minutes
Rate of Temperature Increase	35 °C / 95 °F minute		35 °C / 95 °F minute
Rate of Temperature Decrease	-45 °C / -49 °F minute		-45 °C / -49 °F minute

\* For single crown and 3-unit bridge restorations.

## 6

## FINISHING METHODS

## COMPATIBLE MATERIALS

**CERABIEN™ ZR**

**FC Paste Stain**, FL Glaze, VC Glaze,  
External Stain, Internal Stain, Luster, etc.

**CZR Press LF**

LF External Stain, LF Internal Stain,  
LF Luster, etc.

Warning: Do not mix CERABIEN™ ZR and CZR Press LF powder for build-up.  
Do not use CZR Press (H-ingot, L-ingot, Esthetic White Ingot) for UTML and STML.



## CRUCIAL TECHNICAL POINTS OF FINISHING

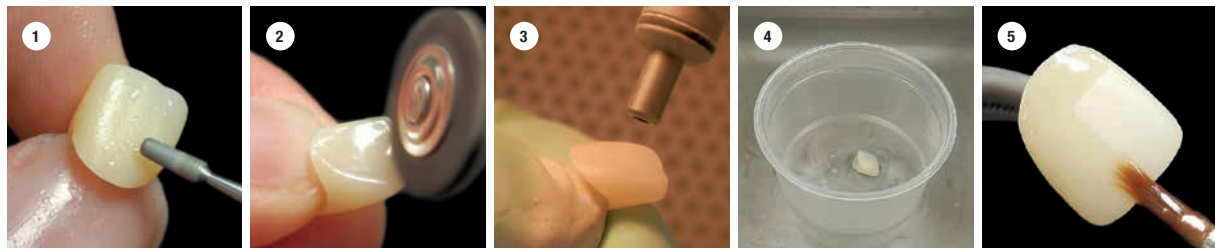
- 1 Polish contact area with opposing tooth and clean restoration by using an ultrasonic cleaner for maximum benefits.
- 2 After sintering and adjustment, clean restoration thoroughly.
- 3 When glazing, staining and sintering porcelain always use a stand-pin. Sintering schedules vary per product, therefore review technical instructions.
- 4 Do not fabricate until cool down to avoid potential cracking.
- 5 Select the shade number that corresponds to abutment color and according to KATANA™ Zirconia.



# 6.1 GLAZING

The multi-layered zirconia is designed to achieve aesthetic results by using glaze method at final process.

## GLAZING METHOD



1 Create a surface texture over the entire crown under running water or wet condition

2 Polish areas in contact with opposing tooth. For polishing only finish complete entire crown with polishing

3 Alumina sandblast surface of the crown (50~70µm, 30psi, 0.2MPa)

4 Clean restoration using an ultrasonic cleaner in alcohol or acetone, or steam cleaner

5 Apply glaze, bake, complete\*

\* Under A, B, C and D method, it is possible to mix glaze and external stain then bake.

### Glazing Baking Schedule: Select A, B, C or D method according to the material

No.	Product	Dry-out Time min.	Low Temperature °C/°F	Start Vacuum °C/°F	Heat Rate °C/°F min.	Vacuum Level kPa	Release Vacuum °C/°F	Hold Time in the air min.	High Temperature °C/°F	Cooling Time min.
A	CERABIEN™ ZR FC Paste Stain Clear Glaze, Glaze	5	600/1112	600/1112	65/117	96	850/1562	1	850/1562	4
B	CZR Press Glaze	5	600/1112	600/1112	65/117	96	850/1562	1	850/1562	4
C	CERABIEN™ ZR FL Glaze, VC Glaze	5	600/1112	600/1112	65/117	96	850/1562	1	850/1562	4
D	CZR Press LF Glaze	5	600/1112	600/1112	45/81	96	800/1472	1	840/1544	4

### Mix Glaze and External Stain Method: Select A, B, C or D method according to the glaze material (or choice of glaze)

CERABIEN™ ZR FC Paste Stain, Clear Glaze, Glaze	+ CERABIEN™ ZR FC Paste Stain Grayish Blue, A+, etc.	Baking Schedule A
CZR Press Glaze	+ CERABIEN™ ZR External Stain Blue, Gray, A+, etc.	Baking Schedule B
CERABIEN™ ZR FL Glaze, VC Glaze	+ CERABIEN™ ZR External Stain Blue, Gray, A+, etc.	Baking Schedule C
CZR Press LF Glaze	+ CZR Press LF External Stain Blue, Gray, A+, etc.	Baking Schedule D

## POLISHING WITH KATANA™ ZIRCONIA TWIST DIA

KATANA™ Zirconia TWIST DIA has an innovative shape with flexible polishing spirals offering various application benefits to the dentist for excellent polishing results.



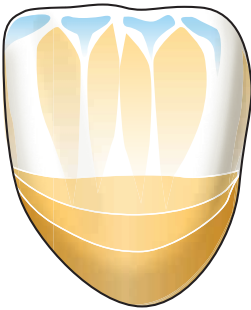
## 6.2 GLAZE AND STAIN METHOD

After glazing, applied staining will enhance translucent appearance. The UTML enamel shades have reduced chroma in the upper layer which allows you to enhance the translucency appearance of the incisal area, as desired, by utilizing external stain characterization.

### TECHNICAL POINTS OF STAINING

- 1 In addition to the feature of horizontal gradation of the multi-layered disc, applying stain with a vertical direction will create three-dimensional appearance.
- 2 Apply Gray, Blue on the incisal edge area, and A+, B+, C+, D+, etc. on the mamelon area to enhance internal texture and translucency.

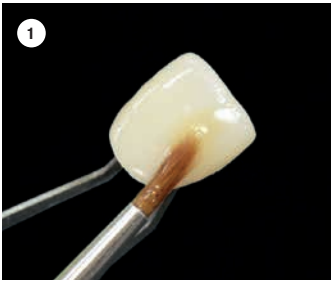
#### Example of External Stain



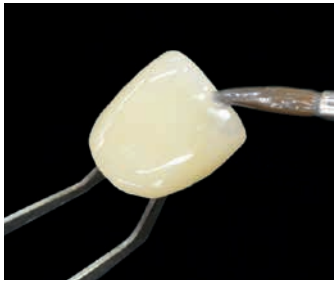
- BLUE : GRAY = 1:1**
  - Apply stains to create shadows of mamelon characterizations
- A+, B+, C+, D+, etc.**
  - Apply external stain horizontally for adjusting chroma
  - Apply external stain vertically to show internal texture characterization

#### Glazing Process

Process glazing on zirconia surface using page 11 “Glazing” method.



Apply stain over glazed surface



Bake (under schedule E, F or G), completion

#### External Stain and FC Paste Stain\* Baking Schedule: Select E, F or G according to the material

No.	Product	Dry-out Time min.	Low Temperature °C/°F	Start Vacuum °C/°F	Heat Rate °C/°F min.	Vacuum Level kPa	Release Vacuum °C/°F	Hold Time in the air min.	High Temperature °C/°F	Cooling Time min.
E	<b>Cerabien™ ZR</b> External Stain Grayish Blue, A+, etc.	5	500/932	600/1112	45/81	96	750/1382	1	750/1382	4
F	<b>Cerabien™ ZR</b> External Stain Blue, Gray, A+, etc.	5	600/1112	–	50/90	–	–	–	850/1562	4
G	<b>CZR Press</b> LF External Stain Blue, Gray, A+, etc.	5	600/1112	–	45/81	–	–	1	840/1544	4

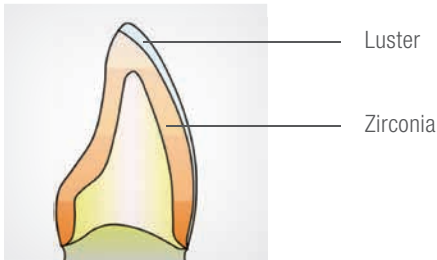
\*In case of using FC Paste Stain Grayish Blue etc. on FC Paste Stain Glaze or Clear Glaze.

## 6.3 PORCELAIN BUILD-UP METHOD

Higher aesthetic appearance will be created by layering Luster porcelain over zirconia.

### TECHNICAL POINTS OF BUILD UP

- 1 It is crucial to secure the minimum wall thickness as recommended on page 8 “**Framework Design and Milling Process**”, and apply only one layer on the incisal part.
- 2 Polishing finish on lingual side is recommended.



UTML/STML Build-up Image

### FABRICATION PROCESS

Select layering material: either CERABIEN™ ZR or CZR Press LF.



1 Create mamelon structure under running water or wet condition



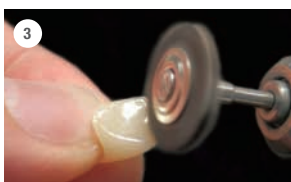
2 Determine build-up and zirconia thickness



3 Polish areas in contact with opposing tooth



4 Perform Almina sandblast on the surface of the unpolished area of the crown (50~70µm, 30psi)



5 Clean restoration using an ultrasonic cleaner in alcohol or acetone, or steam cleaner



6 Apply wash, then bake\*1 (schedule H)



7 Apply internal stain, then bake (schedule I)



8 Porcelain build-up, then bake (schedule L)



9 Perform morphological correction and smooth surface



10 Apply glaze, external stain, then bake, complete\*2

\*1 In case there is not enough build-up space, internal stain can be used during wash baking (schedule H), and be sure to cover entire build-up surface with internal stain.

\*2 The surface without porcelain build-up (for example lingual side) is recommended polishing finish.

For glazing, external stain and baking on the non build-up surface of Cerabien™ ZR material it is crucial to follow methods of page 11 “**Glazing**” step 5 and page 12 “**Glaze & Stain Method**” steps 1 and 2.

## 6.3

# PORCELAIN BUILD-UP METHOD

### CERABIEN™ ZR Baking Schedule

No.	Product	Dry-out Time min.	Low Temperature °C/°F	Start Vacuum °C/°F	Heat Rate °C/°F min.	Vacuum Level kPa	Release Vacuum °C/°F	Hold Time in the air min.	High Temperature °C/°F	Cooling Time min.
H	<b>Wash Baking</b> Wash Baking during Internal Stain	5	600/1112	600/1112	45/81	96	930/1706	1	930/1706	4
I	<b>Internal Stain*</b>	5	600/1112	–	50/90	–	–	–	900/1652	4
J	<b>Translucent Luster etc.</b>	7	600/1112	600/1112	45/81	96	930/1706	1	930/1706	4
K	<b>External Stain</b> Glaze, Blue, Gray, A+, etc.	5	600/1112	–	45/81	–	–	–	930/1706	4
	<b>FC Paste Stain</b> Glaze, Grayish Blue, A+, etc.	5	600/1112	–	45/81	–	–	–	910/1670	4

\* Can be eliminated if a wash coat baking was performed during the internal stain process.

### CZR Press LF Baking Schedule

No.	Product	Dry-out Time min.	Low Temperature °C/°F	Start Vacuum °C/°F	Heat Rate °C/°F min.	Vacuum Level kPa	Release Vacuum °C/°F	Hold Time in the air min.	High Temperature °C/°F	Cooling Time min.
H	<b>Wash Baking</b> Wash Baking during LF Internal Stain	5	600/1112	600/1112	45/81	96	840/1544	1	840/1544	4
I	<b>LF Internal Stain*<sup>1</sup></b>	5	600/1112	–	45/81	–	–	–	840/1544	4
J	<b>LF Translucent LF Luster etc.</b>	7	600/1112	600/1112	45/81	96	840/1544	1	840/1544	4
K	<b>LF External Stain</b> Glaze, Blue, Gray, A+, etc.	5	600/1112	–	45/81	–	–	0.5	840/1544	4
	<b>CERABIEN™ ZR<sup>2</sup></b> Glaze, Grayish Blue, A+, etc.	5	600/1112	–	45/81	96	–	–	840/1544	4

<sup>1</sup> Can be eliminated if a wash coat baking was performed during the internal stain process.

<sup>2</sup> The baking temperature varies with the type of product used as a substrate.





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- Before using this product, be sure to read the Instructions for Use supplied with the product.
- The specifications and appearance of the product are subject to change without notice.
- Printed color can be slightly different from actual color.

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